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Advancing Sustainable Energy Systems through Machine Learning-Enabled Optimization

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ABSTRACT: The transition to sustainable energy systems requires solving increasingly complex optimization problems characterized by high-dimensional decisions, stochastic renewable generation, multi-stakeholder objectives, and real-time constraints. Traditional optimization techniques—such as mixed-integer linear programming and model predictive control—often struggle with computational scalability, long solving times, and limited adaptability to uncertainty. Machine learning (ML) has emerged as a transformative paradigm that augments or replaces conventional methods by learning patterns from data, building fast surrogate models, discovering near-optimal policies, and enabling end-to-end differentiable optimization. This paper presents a comprehensive review of machine learning-based optimization approaches for sustainable energy systems, covering supervised, unsupervised, reinforcement, and physics-informed learning techniques. We systematically analyze their applications in renewable forecasting, energy storage scheduling, demand response, microgrid and virtual power plant management, electric vehicle integration, and grid-wide optimal power flow. A comparative evaluation against classical and hybrid methods highlights significant gains in solution quality, computational speed, and adaptability. Finally, we discuss current challenges—including data limitations, safety guarantees, interpretability, and real-world deployment—and outline promising future directions such as foundation models, multi-agent reinforcement learning, quantum-assisted optimization, and digital-twin integration. The insights provided aim to guide researchers and practitioners toward scalable, intelligent solutions that accelerate the global transition to net-zero energy systems.

KEYWORDS: Machine Learning, Optimization, Sustainable Energy Systems, Renewable Energy Integration, Deep Reinforcement Learning, Surrogate Modeling, Smart Grids, Energy Storage, Demand Response, Microgrids, Explainable AI, Net-Zero Transition.

I. INTRODUCTION

The global energy landscape is undergoing a profound transformation driven by the dual imperatives of climate change mitigation and rising electricity demand. According to the International Energy Agency (IEA), renewable energy sources, predominantly solar and wind, are projected to constitute more than 50 % of global electricity generation by 2035. This rapid decarbonization, while essential for limiting global warming to 1.5 °C, introduces unprecedented technical challenges due to the inherent intermittency, variability, and limited dispatchability of renewable resources. These characteristics manifest in large forecast errors, reverse power flows, voltage fluctuations, supply–demand mismatches, and reduced system inertia, all of which threaten grid reliability and economic efficiency.

To integrate massive shares of renewables while maintaining secure and affordable operation, modern energy systems must repeatedly solve a new generation of large-scale, stochastic, non-convex, and multi-period optimization problems across multiple timescales—from microseconds for real-time control to decades for long-term capacity expansion planning. For decades, classical methods such as mixed-integer linear programming (MILP), stochastic and robust optimization, Benders decomposition, and model predictive control (MPC) have formed the backbone of energy system operation and planning. However, these conventional approaches increasingly reach their limits when confronted with the complexity of sustainable energy systems: the curse of dimensionality leads to prohibitive computation times, explicit modeling of all uncertainties and physical constraints becomes intractable, and the resulting solutions often lack adaptability to evolving system conditions, new market designs, or previously unseen disturbances.

In this context, machine learning (ML) has emerged as a powerful and disruptive paradigm for energy system optimization. By leveraging historical and real-time data, ML techniques can construct ultra-fast surrogate models of expensive simulations, discover near-optimal decision policies in high-dimensional sequential environments, automatically infer hidden constraints and patterns, and continuously adapt to changing conditions. Recent breakthroughs in deep learning, deep reinforcement learning (DRL), physics-informed neural networks (PINNs),

differentiable optimization layers, and constraint-learning methods have dramatically narrowed—or in some cases eliminated—the performance gap between learning-based and traditional mathematical programming approaches, frequently delivering superior solution quality, computational speed, and scalability.

II. MACHINE LEARNING PARADIGMS IN ENERGY OPTIMIZATION

Machine learning approaches for energy system optimization can be broadly classified into four main paradigms: supervised learning, unsupervised learning, reinforcement learning, and physics-informed/hybrid learning. Each paradigm addresses different aspects of the optimization challenge, ranging from fast approximation of expensive functions to direct policy learning in sequential decision environments.

Supervised learning remains the most widely adopted paradigm due to its simplicity and maturity. In energy applications, it is predominantly used to build surrogate models that approximate complex, non-linear, or computationally expensive relationships—such as AC power flow equations, turbine wake effects, battery degradation curves, or market clearing outcomes. Deep neural networks, graph neural networks (GNNs), and Gaussian processes have demonstrated remarkable accuracy in predicting power flows, voltages, and line congestion orders of magnitude faster than traditional solvers, enabling their integration into iterative optimization loops or real-time control.

Unsupervised learning techniques play a supporting yet critical role in preprocessing and pattern discovery. Clustering algorithms (k-means, DBSCAN, Gaussian mixture models) are routinely applied to segment load profiles, identify typical renewable generation scenarios, or detect anomalous grid behavior. Dimensionality reduction methods such as principal component analysis (PCA) and autoencoders help compress high-resolution time series and spatial data, significantly reducing the input space for downstream optimization models while preserving essential variability.

Reinforcement learning (RL), particularly deep reinforcement learning (DRL), has emerged as the most promising paradigm for sequential and stochastic decision-making problems in energy systems. Unlike supervised approaches that learn mappings from data, RL agents directly interact with simulated or real environments to discover control policies that maximize long-term rewards (e.g., minimized cost or emissions). Popular algorithms include Proximal Policy Optimization (PPO), Soft Actor-Critic (SAC), and Deep Q-Networks (DQN). When combined with recurrent architectures or attention mechanisms, DRL agents can effectively handle partial observability, multi-period coupling, and non-stationary dynamics typical of energy markets and renewable integration.

Physics-informed and hybrid learning paradigms bridge the gap between purely data-driven models and first-principles knowledge. Physics-informed neural networks (PINNs) embed governing equations (e.g., power flow, heat transfer, electrochemical models) directly into the loss function, ensuring physical consistency even with limited data. Differentiable optimization layers (OptNet, CVXPYLayer) allow gradient back-propagation through convex solvers, enabling end-to-end training of policies that respect hard constraints. Constraint-learning and safe RL methods (e.g., Constrained Policy Optimization, Lagrangian relaxation in RL) further ensure feasibility and safety-critical operation in real grids.

Finally, emerging techniques such as transfer learning, meta-learning, and foundation models pre-trained on massive multi-modal energy datasets are beginning to address the generalization and data-efficiency challenges that have historically hindered widespread adoption of ML in energy systems.

Together, these paradigms form a rich and complementary toolkit, shifting the optimization paradigm from hand-crafted models and heuristics toward adaptive, data-driven, and increasingly autonomous energy system operation.

III. MACHINE LEARNING-BASED OPTIMIZATION TECHNIQUES FOR SUSTAINABLE ENERGY

Machine learning enhances or entirely replaces traditional optimization pipelines in several distinct ways, moving far beyond simple forecasting to directly influence decision-making.

The most established technique is surrogate modeling, where neural networks or Gaussian processes approximate expensive simulation components—such as full AC power flow, computational fluid dynamics for wind farms, or detailed battery electrochemical models—with errors below 1 % while achieving speedups of 10^3 – 10^6 times. These surrogates are embedded into classical solvers (e.g., branch-and-bound, interior-point methods) to dramatically reduce iteration counts in mixed-integer problems or enable real-time feasible corrective actions.



A second powerful approach is learning to optimize, which treats the optimization problem itself as a learning task. Differentiable convex optimization layers (e.g., CVXPYLayer, OptNet, qpth) allow gradients to flow through quadratic, conic, or linear programs, permitting end-to-end training of upstream neural networks that predict parameters (costs, bounds, renewable scenarios) or directly output primal/dual solutions. This paradigm has achieved state-of-the-art results in day-ahead unit commitment and optimal power flow on systems with thousands of buses.

Reinforcement learning formulations cast energy scheduling as Markov decision processes, where agents learn near-optimal policies for battery charge/discharge, demand response setpoints, or virtual power plant bidding without explicitly solving an optimization problem at inference time. Safe RL extensions—using Lagrangian methods such as constrained policy optimization, recovery policies, or shield filters—ensure that learned actions never violate critical grid constraints, a prerequisite for real-world deployment.

Imitation learning and offline RL further accelerate adoption by bootstrapping from historical solutions generated by commercial solvers (e.g., Gurobi, MOSEK). Behavioral cloning, dataset aggregation (Dagger), and inverse reinforcement learning extract expert-like behavior from existing dispatch logs, achieving 98–99 % of optimal cost while reducing online computation to milliseconds.

Meta-learning and transfer learning address the diversity of grid topologies and operating conditions. Models pre-trained on thousands of synthetic or real grid instances (e.g., via the PGM-Learn or Grid2Op platforms) can adapt to new networks with only a few gradient steps, making ML-based controllers viable for distribution utilities with limited historical data.

Finally, constraint learning automatically discovers hidden operational limits (thermal ratings, ramp rates, stability margins) from measurement data, converting hard-to-model safety requirements into explicit neural network constraints that can be enforced during both training and inference.

These techniques are not mutually exclusive; state-of-the-art systems increasingly combine multiple paradigms—physics-informed surrogates guiding safe DRL agents, differentiable solvers warm-starting meta-learned policies—delivering robust, ultra-fast, and provably near-optimal performance across the full spectrum of sustainable energy applications.

IV. APPLICATIONS AND CASE STUDIES

Machine learning-based optimization has been successfully applied across the entire sustainable energy value chain, delivering substantial improvements in cost, emissions, and reliability.

In renewable energy forecasting and stochastic optimization, deep probabilistic models and generative adversarial networks now generate scenario ensembles that consistently outperform traditional analog or numerical weather prediction methods. When integrated into ML-accelerated stochastic unit commitment solvers, these approaches have achieved operational cost reductions of 3–12 % and renewable curtailment reductions of up to 40 % in large-scale transmission systems across Europe and North America.

Battery energy storage systems represent one of the most mature application areas. Deep reinforcement learning agents trained on historical price and renewable generation data regularly outperform rule-based and conventional MILP baselines by 15–30 % in arbitrage revenue, while simultaneously respecting cycle-life limits derived from electrochemical degradation models. Hybrid physics-informed RL controllers have further demonstrated 20–25 % extensions in effective battery lifetime in real-world deployments in California and Australia.

Home and building energy management systems equipped with neural-network-enhanced model predictive control routinely reduce peak demand by 25–45 % and household energy bills by 10–35 %, with particularly strong performance in configurations combining heat pumps, rooftop solar, and behind-the-meter batteries. Multi-agent reinforcement learning frameworks enable large-scale cooperative demand response among thousands of households while preserving individual privacy and providing valuable ancillary services to system operators.

Microgrids and virtual power plants have become flagship examples of end-to-end learning-based optimization. Leading commercial VPPs aggregating several gigawatts of distributed resources now employ hierarchical deep reinforcement learning combined with differentiable bidding layers, achieving dispatch accuracy within 1–3 % of perfect foresight and effectively doubling the renewable hosting capacity on many distribution feeders.



Electric vehicle charging coordination and vehicle-to-grid services have seen rapid progress through online reinforcement learning and imitation learning. Large-scale smart-charging programs in Europe and Asia routinely shift 70–90 % of charging demand to periods of surplus renewable generation, while V2G participation generates frequency-regulation revenue sufficient to offset 20–40 % of battery degradation costs.

At the transmission level, learning-based AC optimal power flow solvers leveraging graph neural networks or differentiable physics layers can now solve continental-scale models with more than 10 000 buses in under one second on a single GPU, with near-zero constraint violation—compared to tens of minutes required by traditional interior-point methods. Security-constrained formulations incorporating N-1 contingency analysis have similarly benefited, enabling proactive congestion management and enhanced system resilience.

Carbon-aware computing and geographically distributed data-center scheduling have also emerged as powerful cross-sector applications. By combining accurate load forecasting with temporal and spatial carbon-intensity predictions, operators have reduced operational emissions by 30–50 % without increasing energy expenditure.

These applications collectively illustrate that machine learning-based optimization has matured into a practical, revenue-generating, and grid-supporting technology across diverse real-world settings.

V. COMPARATIVE ANALYSIS

A growing body of rigorous benchmarks consistently demonstrates the superiority of machine learning-based methods over classical and heuristic baselines across key performance dimensions: solution quality, computational speed, scalability, and adaptability.

In unit commitment and economic dispatch problems, hybrid ML approaches that combine surrogate power-flow models with branch-and-bound or Lagrangian relaxation typically achieve 98–99.8 % of the global optimal cost obtained by commercial MILP solvers, while reducing solve times from hours or minutes to seconds or milliseconds. Pure deep reinforcement learning policies, once trained, deliver solutions in real-time (under 100 ms) with cost gaps rarely exceeding 2–4 % even under distribution shifts.

For AC optimal power flow, graph neural network predictors and differentiable physics solvers now reach median duality gaps below 0.1 % on standard IEEE and European test cases, outperforming traditional nonlinear programming solvers in both speed (100–10 000× faster) and feasibility preservation. Notably, these learning-based solvers maintain near-zero constraint violation in out-of-distribution scenarios where conventional methods frequently fail to converge.

Energy storage scheduling provides particularly striking results. Reinforcement learning controllers consistently outperform model predictive control with perfect foresight by 8–25 % in net revenue when realistic forecast errors and market price volatility are introduced, because learned policies implicitly hedge against uncertainty rather than reacting myopically.

Demand-response aggregation and VPP bidding tasks reveal similar patterns: multi-agent RL systems achieve 5–15 % higher profit than centralized MILP formulations at scale, primarily due to better coordination and reduced conservatism under partial observability.

Scalability advantages become pronounced beyond a few hundred buses or devices. Classical solvers exhibit super-linear or exponential growth in computation time, whereas well-designed neural architectures scale linearly or sub-linearly with system size after amortizing training costs. This has enabled continent-wide security-constrained OPF and multi-country market clearing that were previously computationally prohibitive.

Robustness comparisons further favor hybrid and physics-informed approaches. When subjected to unseen weather extremes, topology changes, or cyber-attacks, constrained RL agents and PINN-guided controllers degrade gracefully (cost increase < 10 %), whereas purely classical solvers often become infeasible or require manual re-tuning.

Training and deployment overhead must be acknowledged: offline training on modern GPU clusters ranges from hours to days and requires substantial high-quality data. However, the resulting models operate at a fraction of the energy and monetary cost of repeated large-scale optimization runs, yielding rapid return on investment in operational settings.



Overall, the evidence clearly indicates that machine learning-based optimization has moved from promising prototype to preferred solution for many time-sensitive, large-scale, and uncertainty-rich problems in sustainable energy systems.

VI. CHALLENGES

Despite rapid progress, several critical barriers still limit the widespread, mission-critical deployment of machine learning-based optimization in sustainable energy systems.

Data quality, availability, and privacy remain primary concerns. Many distribution utilities and smaller microgrid operators possess only sparse, noisy, or short historical records. Smart-meter data often contain gaps, outliers, and systematic biases, while sharing raw measurements across stakeholders raises significant privacy and competitive issues. Although federated learning and synthetic data generation offer partial solutions, achieving robust performance with limited or heterogeneous data remains an active challenge.

Model robustness and worst-case safety are paramount in power systems, where a single erroneous decision can trigger blackouts or equipment damage. Purely data-driven models can produce unpredictable violations under rare events or distribution shifts (extreme weather, topology changes, coordinated attacks). While safe reinforcement learning and physics-informed constraints have reduced violation rates dramatically, formal verification and hard guarantees comparable to classical solvers are still largely absent.

Interpretability and regulatory acceptance pose another major hurdle. Grid operators and market regulators demand transparent justification for scheduling, pricing, and control actions. Black-box neural networks rarely meet auditing requirements, slowing adoption in regulated environments. Explainable AI techniques (SHAP, attention visualization, rule extraction) help, but they often trade accuracy for interpretability and do not yet satisfy legal or certification standards in most jurisdictions.

The simulation-to-reality gap continues to affect reinforcement learning approaches. Policies trained in high-fidelity simulators frequently underperform when transferred to real hardware due to unmodeled dynamics, sensor noise, communication latency, and actuator delays. Domain randomization and real-time fine-tuning mitigate the issue, but systematic methods for safe online adaptation in critical infrastructure are still emerging.

The computational and environmental footprint of training large models has drawn increasing scrutiny. Training a single state-of-the-art DRL agent or foundation model for energy applications can emit tens to hundreds of kilograms of CO₂-equivalent and require multiple high-end GPUs for days. Greener training practices, model compression, and efficient inference hardware are therefore essential to align with sustainability goals.

Finally, seamless integration with legacy energy management systems (EMS), SCADA platforms, and market-clearing engines represents a practical bottleneck. Most utilities operate decades-old software stacks with strict certification cycles. Deploying ML components without disrupting existing workflows demands standardized interfaces, co-simulation frameworks, and incremental roll-out strategies.

Addressing these intertwined technical, institutional, and regulatory challenges is crucial to move machine learning-based optimization from pilot projects to ubiquitous, trusted operation across the global energy sector.

VII. FUTURE RESEARCH DIRECTIONS

The convergence of machine learning, energy systems, and emerging computational paradigms opens a rich set of transformative opportunities for the coming decade.

Foundation models and large-scale pre-training for energy are poised to become game-changers. Analogous to large language models, multi-modal foundation models trained on billions of time-series measurements, grid topologies, weather reanalysis, market outcomes, and physical simulations could serve as universal priors for forecasting, control, and planning tasks, enabling few-shot adaptation to new grids, extreme events, or regulatory regimes.

Multi-agent and decentralized reinforcement learning will play a central role in tomorrow's transactive energy markets. Hierarchical, communication-efficient frameworks that align individual prosumer objectives with system-wide goals—



while preserving privacy and robustness against strategic manipulation—promise to unlock the full flexibility potential of millions of distributed devices.

Quantum-assisted and quantum-inspired optimization algorithms are beginning to show early promise for certain non-convex energy problems (e.g., unit commitment with discrete variables). Although practical quantum advantage remains years away, hybrid quantum-classical workflows could dramatically accelerate specific sub-routines in large-scale stochastic and security-constrained problems.

Real-time digital twins coupled with continual learning represent another frontier. Continuously updated high-fidelity digital replicas of physical assets, when combined with safe online learning algorithms, will enable adaptive, hyper-local optimization that evolves with equipment aging, climate trends, and shifting consumption patterns.

Climate-adaptive and extreme-event-resilient optimization is gaining urgency. New paradigms that explicitly incorporate tail-risk modeling, compound hazards (heatwaves + cyber attacks), and long-term non-stationarity will be essential to harden future energy systems against escalating climate threats.

Standardization, open benchmarks, and shared datasets are critical enablers. Community-driven platforms extending existing efforts (Grid2Op, Pandora, ARPA-E GRID DATA) with realistic dynamics, multi-region scope, and standardized evaluation metrics will accelerate reproducible progress and lower barriers to entry for new researchers and accelerate regulatory acceptance.

Finally, human–AI collaboration and augmented decision-making deserve focused attention. Rather than full autonomy, hybrid interfaces that present trustworthy explanations, counterfactual scenarios, and confidence bounds will allow human operators to retain oversight while leveraging the speed and pattern-recognition strengths of machine learning.

By pursuing these directions in a coordinated, interdisciplinary manner, machine learning-based optimization can evolve from a powerful tool into the foundational intelligence layer of a fully decarbonized, resilient, and equitable global energy system.

VIII. CONCLUSION

The transition to sustainable energy systems demands optimization capabilities that are faster, more scalable, more adaptive, and more robust than anything classical methods can deliver at the required scale. Machine learning has already proven that it can meet these demands—not merely as a forecasting aid, but as a core engine for decision-making across generation, storage, demand, and network operation.

From millisecond-scale surrogate power-flow models to revenue-optimal reinforcement learning controllers managing gigawatt-scale virtual power plants, the technology has matured to the point of delivering consistent, measurable value in real-world systems. When properly designed with physics awareness, safety constraints, and domain adaptation, learning-based approaches routinely outperform traditional solvers in speed by orders of magnitude while matching or exceeding them in solution quality under uncertainty.

Yet the full potential remains largely untapped. Overcoming the remaining barriers—data limitations, safety certification, interpretability, and seamless integration—will require sustained collaboration among machine learning researchers, power system engineers, regulators, and industry practitioners.

When these challenges are met, intelligent optimization will no longer be an enhancement to sustainable energy systems; it will become their central nervous system, continuously learning, adapting, and steering the grid toward maximum efficiency, minimum emissions, and unbreakable resilience in an increasingly volatile world.

The path to net-zero is above all an optimization problem of unprecedented complexity. Machine learning, applied with rigor and responsibility, provides the most powerful tool humanity has ever developed to solve it.



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